



JOSÉ MIGUEL DOS SANTOS REIS SAMPAIO E NORA

Lawyer

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 B category

About

"An experienced lawyer with an established career in law and professional football. Besides being a lawyer and consultant, he is also President of the Board of the Portuguese Sports Law Association, Arbitrator of the Parity Arbitration Commission of LPFP/SJPF and Member of the National Sports Council." (Thinking Football Summit 2022)

Education

- Certified Masters Course in Legal-business Sciences, Law Faculty, Universidade Nova de Lisboa, Lisbon, Portugal, writing final dissertation, (2014 - Present);
- Certified Course of Football Management Course for Executive Leaders, Portuguese Football Federation, Lisbon (2019);
- Certified Masters Course of Sports Management, Faculty of Sports and Physical Education, University of Porto – without final discussion (2006);
- Certified Post-Graduation Course in Sports Management, Economics and Management Faculty Portuguese Catholic University, Porto (2004 - 2005);
- Certified Course in Professional Sport Law, Law Faculty of the University of Coimbra, (2003);
- Certified Graduation in Law, Law Faculty of the University of Coimbra, (1996 - 2003).

Personal skills and competences

Languages

- Portuguese (Native);
- English (Fluent) - C1/ C2 - First Certificate in English (FCE) from University of Cambridge
- Spanish and Italian (Intermediate) B2;
- French and German (Basic) – A1.

Communication skills

- Good communication, interaction and leadership skills.

Digital skills

- Basic Knowledge as a user of: Microsoft Powerpoint, Excel and Access programs. Proficient user: Microsoft Word, Internet Explorer, Mozilla Firefox, Google Chrome and Apple Safari.
- Advanced and experient user both in Windows and in Mac Os.

Professional experience

- Lawyer and Partner at Sampaio e Nora, Costa e Nora, Santos Silva & Associados - Sociedade de Advogados, RL, Cantanhede/"Sports Law Boutique" (Portugal) (2009 - Present);
- Member of the Advisory Board of the Middle East Sports Law (2023 - Present);
- Member and Arbitrator of the Labour Dispute Arbitration Commission LPFP/SJPF (2019 - Present);
- Member of the AIAF - Association International des Avocats de Football (2019 - Present);
- President of the National Certification Committee of The Portuguese Football Association (2025 - Present);
- Member and Arbitrator of European Handball Court of Arbitration (2025 - Present);
- President of The General Assembly of the Portuguese Electronic Sports Association (2025 - Present);
- Vice-President of The General Assembly of the Portuguese Sports Management Association (2023 - Present);
- Member of the Work Group for the "Review of the Occupational Accident Damage Remediation Scheme Regarding The professional sports practitioners" of the Secretariat of State for Youth and Sport (2019);
- Member Work Group for the "Review of the Law for the Sports Companies" of the Secretariat of State for Youth and Sport (2022 - 2023);
- Commentator for Sports Law Issues in Sport Tv (2020 - Present);
- Commentator for Sports Law Issues and Opinion Maker in "Jornal Record" (2019 - Present);
- Ambassador of the National Sport Ethics Plan (2019 - Present);
- Legal Advisor, C.D. Tondela, Futebol, SDUQ, Lda./CD Tondela Futebol SAD (2015 - 2019 and 2022 - Present);
- Legal Advisor, Sport Clube Vianense, Futebol SAD (2022 - 2024);
- President of The Fiscal Council of the Portuguese Sports Law Association (2024-Present);
- President of The General Assembly of the Portuguese Sports Law Association (2017 - 2020);
- Member of the Portuguese Government National Sports Board (2016, 2020 - 2024);
- Member of the Disciplinary Board Portuguese Rugby Federation (2015 - 2019);
- President of the Board of the Portuguese Association of Sports Law (2020 - 2024);
- Vice-President of the Board of the Portuguese Association of Sports Law (2015 - 2017);
- Member of the Executive Committee Portuguese League of Professional Football (2012 - 2013);
- Member of the Disciplinary Commission Portuguese League of Professional Football (2012 - 2013);
- Delegate in the General Assembly representing Professional Competitions of the Portuguese Federation of Football (2011 - 2012);
- Associate Director of the Professional Football's Legal Affairs of Associação Académica de Coimbra - Organismo Autónomo de Futebol (2011 - 2012);
- Vice-President of the Technical Board, Coimbra Football Association (2009 - 2011);
- Lawyer, Costa Nora Advogados, Lda., Cantanhede, Portugal, (2006 - 2009);
- Internship at the Bar of Lawyers, District Counsel of the Bar of Lawyers of Coimbra (2003 - 2006);
- Professional Internship, Legal and Litigation Office of the Municipality of Coimbra (2003 - 2004).

Courses and Conferences Attended

2012-2026 - attended nine courses and eight conferences in the fields of Sports Law and Executive Sports Management, namely in the Portugal Football School. (Certification provided on demand).

Congresses

2005-2022- attended 32 Congresses in the fields of Sports Law and Sports Management, namely the RFEF 's Football Law Congress (2015, 2017 and 2019) and Fifa Football Law Annual Review" (2019 and 2026) and Confut Sudamerica (2022) (Certification provided on demand).

Conferences given

2012-2026 – gave 67 conferences in Sports Law and Football Regulations, in Portugal, Italy, Spain and Brazil, for example in VI Iberoamerican Congress of Sports Law (2022), in Liga Portugal Thinking Football Summit (2022 and 2023) and Portugal Football Summit (2025).

Publications

2015-2026 – wrote 362 articles in specialized magazines and newspapers in Sports Law and Football Regulations, namely in "Football Legal".